

COURSE CATALOGUE

January 2017



LEARNING

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- Personal Development Programs
- First Responder Programs



YOUTH PROGRAMS

At Peaceman Consulting Inc., we believe that positive youth development is vital in providing our young people with the skills and tools that can ultimately translate into more positive social behaviours and reduced risk-taking behaviours.

Contained within the programming listed in this catalogue, you will find a number of programs that are designed to bolster safety and strong leadership as assets of positive youth development in our communities.



Driver education is an essential part of teaching teens the rules of the road and operating a vehicle, but requires few hours of professional driver training, relying mainly on parents to provide most of the supervised practice driving teens obtain before independent driving licensure .

Opening the Door

Preparing for the Alberta Class 7 Operator Licensing Test

Opening the Door is a program that addresses the difficulties experienced by youth when taking the Alberta Class 7 learners' driving licence test, and will instill further knowledge and confidence in participants. The two most significant challenges for youth are testing anxiety and lack of sufficient preparation. **Opening the Door** will bring awareness of test anxiety to participants and provide strategies to combat the anxiety, and will prepare participants to maximize study materials to beat the preparation issue.

As learners are typically not experienced in driving, and as such unfamiliar with signage and appropriate driving activity. Through multimedia tools and interactive activities, participants will learn about the areas of the testing manual that typically are not within the scope of experience of non-drivers, such as traffic controls, lane driving, intersections and turns, and much more.

Opening the Door is instructed by an experienced traffic enforcement officer and former firefighter and Emergency Medical Responder. Years of patrolling Alberta highways and communities and responding to traffic collisions resulting in both injury and fatalities, we believe that the earlier intervention in early driving experience puts the driver ahead of the game in understanding the reality of driving, both the advantages and the risks.

Program Length: 4 hours

Price: \$50.00*



Driver education is an essential part of teaching teens the rules of the road and operating a vehicle, but requires few hours of professional driver training, relying mainly on parents to provide most of the supervised practice driving teens obtain before independent driving licensure .

Hit the Road

E.S.C.A.P.E. to Safe Driving Habits

Hit the Road is a novice driver's program that will prepare the young driver to work to overcome the lifestyle identified as the most at-risk for driving related danger. Motor vehicle collisions remain elevated among novice teen drivers for a least several years after licensure. Licensing policies and driver education are the two primary countermeasures employed to decrease young driver collision risks.

Through multimedia tools and interactive activities, and by applying the E.S.C.A.P.E model, participants will learn courtesy, respect and patience on the road and how these vital driver habits contribute to a reduction of the risk of collisions, property damage and injury. Traffic stops for traffic violations and the traffic court experience will be discussed.

Hit the Road is instructed by an experienced traffic enforcement officer and former firefighter and Emergency Medical Responder. Years of patrolling Alberta highways and communities and responding to traffic collisions resulting in both injury and fatalities, we believe that the earlier intervention in early driving experience puts the driver ahead of the game in understanding the reality of driving, both the advantages and the risks.

Program Length: 6 hours
Price: \$75.00*



The First Few Steps

Developing Emotional Intelligence in Youth

In this delivery form of **The First Few Steps**, participants receive training in leadership development designed especially for youth to create an understanding the role of the intricacies of the self and social effects on leadership; understanding the necessity of effective communication in order to effectively market one's self in the social world and the upcoming workplace; and understanding the options available in order to effectively manage conflict. **The First Few Steps** youth program approaches leadership development from an Emotional Intelligence perspective, allowing participants to explore both interpersonal and extrapersonal qualities necessary in order to lead the self and others.

We work toward an understanding of the interconnectedness of managing and leading one's self by developing a respect for the role of the intricacies of the self and social effects on leadership. Participant will learn a number of strategies to develop effective crisis management skills, and will learn the social situations that are most appropriate for the various situations. Ultimately, the goal of this program is for participants to explore their own individual strengths and challenges and to set off on a path up the steps of sustainable personal development.

Program Length: 4 hours
Price: \$50.00*



*Youth
empowerment:
a process
where children
and young
people are
encouraged to
take charge of
their lives.*



Stranger Awareness

Research has shown that children can be trusted to know dangerous situations and how to appropriately respond. **Stranger Awareness** helps prepare children to recognize a stranger as a person who is not a **trusted** adult and to encourage children to remove themselves from the situation. Through the use of discussion and multimedia tools, the children will explore what makes a “stranger” a stranger, who “safe people” are, how strangers typically approach children and what to do when the stranger approaches.

Program Length: 1 hour
Price: \$10.00*



Youth Citizenship Programs

Citizenship and social responsibility is the foundation of becoming a social leader and a positively contributing member of society. It is also a contributor of emotional intelligence developed further in **"The First Few Steps": Developing Emotional Intelligence in Youth**. These sessions are primarily designed for youth groups or schools who are looking for presentations to compliment existing programs or curricula.

Programming includes presentations on Citizenship and Social Responsibility, The Canadian Charter of Rights and Freedoms, Canadian Laws and Enforcement Systems, and Racism and Discrimination.

Program Length: Approximately 1 hour each
Price: \$10.00*



COMMUNITY PROGRAMS

At Peaceman Consulting Inc., we believe that a plugged in community is vital in providing citizens with the skills and tools that can ultimately translate into more positive social behaviours and empowerment to be happy, to be in control of our lives, and to be safe.

Contained within the programming listed in this section, you will find a number of programs that are designed to bolster safety and strong leadership as assets of positive social development in ourselves and in our communities.



The New Sticks and Stones

This program is designed for parents and youth practitioners who want to learn more about cyberbullying, and what they can do in the event that they're child is a victim or perpetrator. Cyberbullying involves the use of communication technologies such as the Internet, social networking sites, websites, email, text messaging and instant messaging to repeatedly harass someone. Cyberbullying has become a damaging activity from which there really is no escape, as no longer is bullying contained within the school, or on the playground. Technology now allows for 24 hour a day harassment not only in school and on the playground, but also in the living room and the bedroom.

Discussion centers around the sheer availability and proliferation of electronic devices for young people. We will discuss the role of social media in sexting and in cyberbullying, with information on how the Criminal Code of Canada applies. We also explore strategies for intervention for youth who are at risk.

Program Length: 4 hours
Price: \$50.00*



There are several factors that can make text bullying more damaging than traditional bullying for both the victim and the bully, including a lack of escape, anonymity.



Hearing the Cry

Managing Threat Inside and Out of the Classroom

In this program directed at school instructional and administrative staff, we explore the issues surrounding the development of violence in a school environment. We discuss the difference between affective and predatory violence, dark writings, marginalization of youth, and break down the path of intended violence through threatening communications and contacts, and discuss pre-incident indicators.

Youth violence can be displayed through uttering threats. Threats can come in many forms including verbal (direct or passing comment), written (in form of a note or diary entry) or online (via social networking websites such as Facebook, Twitter, or other chatrooms). Such comments may be seen as just "weird" or "unusual;" however, these violent comments should not be seen as illegitimate or a joke. Some specific examples of threats to school violence include creating or sharing hit-lists, conspiring and planning attacks, or talking extensively about violence, death, and weapons.

Program Length: 4 hours
Price: \$50.00*



Hanging Up the Keys

Considerations for Aging Drivers

Are you concerned about your age affecting your ability to drive? Do you know of an aging driver who is at risk of age related safety issues surrounding the operation of a motor vehicle? As our population ages, there are more drivers who have an increased safety risk due to age related issues. In Hanging Up the Keys, we will explore in a respectful manner and with concern for the reality of the independence factors in driving for our elders.

We explore the physiological changes that may impair the ability to effectively and safely manage a vehicle, and discover local resources to assist in the evaluation of driving ability so as to be assured of driver ability or resources that will help address the difficult decision to finally *hang up the keys*.

Program Length: 1 hour

Price: \$10.00*



*Personal
Safety Is
Not
Guaranteed,
but With
Good Safety
Habits You
Can Reduce
Your Risk of
Being
Victimized!*



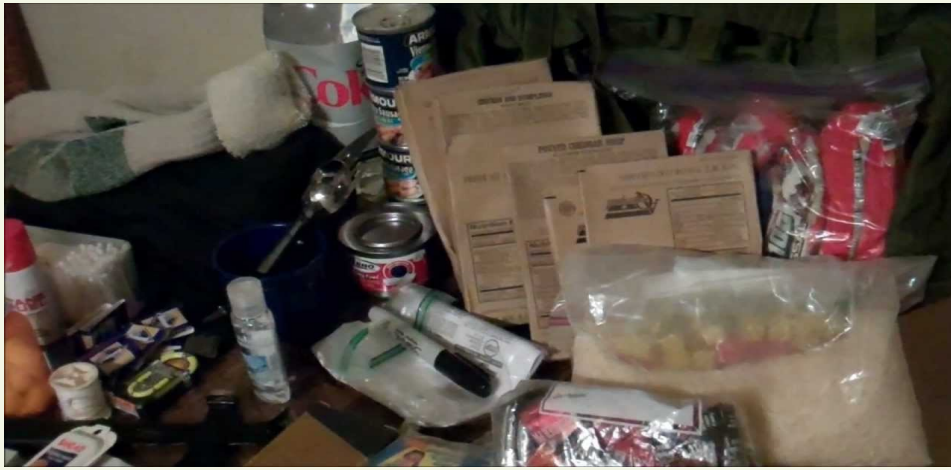
Harden the Target

Protecting Your Castle

In light of rising rates of crime involving break and enter and theft of vehicles in rural areas, this short program discusses relatively easy and cost effective strategies to secure property and land. We will explore what can be done for the perimeter of the property, security the yard and outbuildings and finally making the home a harder target. This is an learning opportunity to determine strategies to prevent victimization due to theft of property, trespassing in yards and break and enter to homes, using the environment and cost effective security products.

Program Length: 2 hours

Price: \$15.00*



72 Hour Readiness

Preparing for Community Level Emergencies

If an emergency happens in your community, it may take emergency workers some time to reach you. You should be prepared to take care of yourself and your family for a minimum of 72 hours.

Learn how quick and easy it is to become better prepared to face a range of emergencies – anytime, anywhere. Short program will help to create your own emergency plan. Use the checklists to build a 72-hour emergency kit. These basic steps will help you take care of yourself and your loved ones during an emergency.

Program Length: 2 hours

Price: \$15.00*



The benefits of Health and Safety training in the workplace are many, providing benefits for the employer, but more importantly, benefits for the employee – the person most at risk.



WORKPLACE PROGRAMS

At Peaceman Consulting Inc., we believe that a satisfying workplace is a safe workplace. No one wants violence to occur in the workplace, and it may be a rare event at your site, it is a possibility. As a business owner, you are required, by law, to provide for various protections for the welfare of your staff. For the staff, you have an expectation of protection when working.

The workplace programs contained within will help guide your workplace to understand the three main assurances: training, policy/procedure, and legal compliance.



Order Out of Disorder

Encountering and Recovering from Workplace Violence

In light of recent commercial robberies in rural areas, and the rising incidents of workplace violence, staff should be trained to safely manage threats encountered while at the workplace. Such conflict can come via a robbery, from a disgruntled customer or from an internal staff conflict.

Order Out of Disorder provides participants with information about the prevalence of workplace violence in Alberta and Canada. We discuss robbery awareness and how to maximize the impact of the witness information, and different strategies to respond to an active threat on the premises. We also discuss strategies to increase the survival of workers in the event of a deadly threat presenting itself in the workplace.

Program Length: 6 hours

Price: \$75.00*

Did you know that it's a myth that nothing can be done about workplace violence? The reality is that you can ensure your staff are appropriately trained, have adequate policy and procedures to follow, and to ensure that your business is in legal compliance with workplace violence legislation.



Operational Crisis Management

One of the most common concerns in business is how to effectively manage unruly customers. In Operational Crisis Management, participants will explore understanding the nature of anger and the techniques that staff can use to manage their own stress during an incident. We will identify the five conflict management styles and know how to select the conflict management style or styles best suited to a particular conflict situation, basic criteria for effective communication in a conflict or crisis situation, including the use of personal space and effective listening, and will identify effective verbal communication techniques for intervention in a crisis. All of which will provide effective strategies for the de-escalation of crisis situations.

Program Length: 16 hours
Price: \$200.00*



FIRST RESPONDER PROGRAMS

At Peaceman Consulting Inc., we believe in our first responder community. As such, we have created programs that contribute to leadership and professional development.

Contained within the programming listed in this section, you will find a number of programs that are designed to bolster safety and strong leadership as assets of positive personal and professional development in ourselves in line with the expectations of public safety in our communities and businesses.



The First Few Steps

Exploring Emotional Intelligence for First Responders

The First Few Steps leadership program explores the role of "self" plays in the myriad of dynamics of leadership. While there are multitudes of management and leadership programs, most focus on the management side of the equation. This program focuses on the development of the self by focusing on the ABLE model of leadership (Anima Based Leadership Evolution) in first responder roles, the role of "emotional intelligence", and barriers to effective leadership.

Topics of discussion include:

- Working together to explore our own individual strengths and challenges
- Networking with new peers and colleagues
- Opening ourselves to the concept of *anima* when considering our future performance, whether in a leadership role or not
- Enhancing our personal and professional tools that contribute to both job and lifestyle satisfaction
- Differentiating between supervision, management and leadership
- Introduction to the ABLE Model
- Exploring Barriers to effective leadership

Program Length: 8 hours

Price: \$100.00*

It is recognized that the unique and often stressful responsibilities and challenges faced by emergency responders and disaster workers may place them at a significantly higher risk of developing symptoms of psychological stress.

These stresses can have a significant impact on their private lives and relationships, potentially resulting in subsequent impact to their spouses, children and other close relatives or contacts.

*In a
crisis,
you
don't
rise to
the
occasion,
you sink
to your
training!*



Protective Services Officer Training

Peaceman's modular training covers a multitude of security knowledge, skills and abilities to better prepare staff to provide the levels of service expected today by clients who engage security services. Programs include both pre-developed modular training and client-specific custom designed material. Programs are designed to appeal to all types of learners, and are delivered through a variety of modes, including classroom delivery, participatory exercises in real life settings, so as to provide an overall problem-based reality training experience.

Available modules include:

- Investigation Training
- Managing Problematic People
- Modular Security Guard Training
- Safe Patrolling
- Field Training Train the Trainer

Program Length: Varies

Price: Dependant on length of program

Security Train– The– Trainer

Peaceman offers a train-the-trainer to develop those who have been tasked with guiding employees through the rigors of taking on a new job, a new organization, and perhaps a new skill set. In order for staff to have a positive and effective future, this positivity and guidance needs to begin at the first site. Field trainers have the opportunity to bring the new staff into the fold, both organizationally and professionally. Our programs will help those chosen for such a task understand methods of instruction, adult education principles, and how to manage tracking a trainee's progress through any training program.

Program Length: 40 hours

Price: \$450.00*



PERSONAL DEVELOPMENT PROGRAMS

At Peaceman Consulting Inc., we believe that everyone has the capacity to change in healthy and beneficial ways, be that personal changes to improve self-identity and self-esteem, to work to improve managing one's emotions, to improve one's marriage or relationships, and to achieve a sense of self-satisfaction with life.

Contained within the programming listed in this catalogue, you will find a number of programs that are designed to bolster self-management and strong leadership as assets of positive personal development in your life.



The First Few Steps

Life Management and Leadership Through Emotional Intelligence

In this delivery form of **The First Few Steps**, participants receive training in leadership development designed especially for everyday people in every day life. This workshop provides training in leadership development, managing and leading a team; understanding the role of the intricacies of the self and social effects on leadership; understanding the necessity of effective communication in order to sell organizational vision; and understanding the options available in order to effectively manage conflict. **The First Few Steps** leadership program approaches leadership development from an Emotional Intelligence perspective, allowing participants to explore both interpersonal and extrapersonal qualities necessary in order to lead others.

Participant will learn a number of strategies to develop effective crisis management skills, and will learn the social situations that are most appropriate for the various situations. Ultimately, the goal of this program is for participants to explore their own individual strengths and challenges and to set off on a path up the steps of sustainable personal development.

Program Length: 6 hours

Price: \$75.00*



P.R.Y.D.E in Parenting

No parent is perfect... not the one that became a parent yesterday, or 15 years ago or 25 years ago. The cliché is that children are not born with manuals, but it's so true. Parents face many challenges as they raise their children, and it can be a daunting task. But parents must hold onto the pride of being a parent, and focus on how to employ the principles of positive youth development. The PRYDE in this program is Positive and Resilient Youth Development Education, but this program came about from “**pride**” in being a parent.

In **PRYDE in Parenting**, we will learn about the 40 *Developmental Assets*, and how they contribute to young people who grow to thrive. These developmental assets are research based factors that contribute to the health and wellness, both physically and emotionally, of children during their developmental years. They also provide an effective road map on how to focus on the challenges faced by children, allowing participants to apply these assets in a custom look at their own families, providing guidance on how to carry on with creating a positive experience for their own children.

As we discuss the development of youth, we will also explore many of the challenges in raising children in this generation. We will discuss challenges with drugs, alcohol, and other addiction issues, teen relationships, mentorship, identity management, among a myriad of other issues faced by parents today.

Program Length: 6 hours
Price: \$75.00*

*Young people
need
sustained
relationships
from
supportive
parents ;
consistent
messages
about values
and
boundaries,
and
opportunities
to thrive.*





ABOUT PEACEMAN CONSULTING

Peaceman Consulting Inc. provides a variety of training and course development for the community, schools, youth organizations, and security and first responder industries. For the community, Peaceman Consulting Inc. can deliver both industry standard programs, as well as custom designed presentations for a variety of community safety issues, including personal and business safety. We are eager to assist clients to address security concerns affecting loss, life safety, as well as the development of security services programming by applying the knowledge and skills developed over a protective services career that spans 20 years.

DEAN YOUNG, Peaceman Consulting's President and principal consultant is a husband, and father of three children, and has served as a Peace Officer in Alberta since 2009. Dean is a career protective services professional, who's work has spanned 20 years, including a variety of private security roles, security management, post-secondary education program facilitation, including four years as a firefighter and Emergency Medical Responder. Dean is a graduate of



the University of Calgary with a Bachelor of Arts degree in Sociology and Dalhousie University's Certificate of Police Leadership (Service Delivery Concentration). Over the years, Dean has been a student of crisis management and leadership, culminating in a series of programs that address the inner workings of public safety and leadership.

Contact Us

Give us a call for more information about our services and products

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Visit us on the web at
www.peaceman.ca

*Rates are subject to travel costs. Group rates are available. Contact us if your group is outside of the greater Calgary area.

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